

# ANNEX 2

## MATERNAL AND CHILD CARE: SUMMARY LIST OF ACTIONS AND SUB-ACTIONS



### Infant and Young Child Feeding

Actions	Sub-actions	Evidence Category *
1. SUPPORT for optimal breastfeeding practices	1a. Breastfeeding education and counselling to SUPPORT optimal breastfeeding practices at the community level	Synthesized evidence
	1b. Counselling and SUPPORT on recommended breastfeeding practices in difficult circumstances	Synthesized evidence and practice-based studies depending upon the circumstances
	1c. Institutionalization of the 10 Steps to Successful Breastfeeding in all facilities that provide maternity services, including via implementation of the Baby-friendly Hospital Initiative (BFHI)	Synthesized evidence
2. SUPPORT for appropriate complementary feeding	2a. SUPPORT for access to diversified nutrient-dense foods for complementary feeding	Synthesized evidence
	2b. Nutrition education on appropriate complementary feeding	Synthesized evidence
3. PROTECTION of recommended IYCF practices	3a. Protecting appropriate IYCF through restricting marketing of breast-milk substitutes and complementary foods as well as through maternity protection for working mothers	Synthesized evidence

\* The following evidence categories are used in the CAN: (1) **synthesized evidence exists**: This includes meta-analyses and systematic reviews. It should be noted however that the number of studies included in meta-analyses and systematic reviews varies across sub-actions, with some synthesized evidence based on a large number of studies and other synthesized evidence based on a limited number of studies; (2) **published primary studies exist**: No synthesized evidence exists, but evidence is published in peer-reviewed journals; and (3) **practice-based studies exist**: There is published experience-based evidence documented in the 'grey literature' although no evidence has been published in peer-reviewed journals – either in the form of synthesized evidence or single studies. This indicates that further research is warranted. With that said, sub-actions listed in the Enabling Environment section were not classified by evidence category because they are considered to be key to fostering an enabling environment irrespective of the existing level of evidence.



## Enabling Environment

Actions	Sub-actions
<b>1. Assessment and information</b>	<b>1a.</b> Assessments of recommended IYCF practices
	<b>1b.</b> HIV testing in pregnant and lactating women to minimize the risk of mother-to-child transmission of HIV through breastfeeding
	<b>1c.</b> Vulnerability assessment and early warning analysis
	<b>1d.</b> Promotion of operational research about nutrition impacts of sub-actions covered by this thematic area
	<b>1e.</b> M&E of sub-actions covered by this thematic area
<b>2. Policy coherence</b>	<b>2a.</b> Policy coherence between policies/strategies on maternal/reproductive and neonatal health, agriculture/food, labour, trade, gender, social protection, industry and nutrition
<b>3. Legislation, regulations/ standards, protocols and guidelines</b>	<b>3a.</b> Legislation and regulations on the following to PROTECT optimal IYCF practices: (1) Maternity protection based on ILO Maternity Protection Convention 183 (2000) and Recommendation 191 (2000); (2) Occupational health based on ILO Occupational Safety and Health Convention No.155 (1981) ; (3) Ending the inappropriate marketing of complementary food; (4) Implementation of the International Code of Marketing of Breast-milk Substitutes, subsequent World Health Assembly resolutions and national measures adopted to give effect to these; and (5) Standards for childcare centres and services
	<b>3b.</b> Strategies to establish or extend maternity protection for mothers (ideally fathers also) who engage in informal labour or atypical forms of dependent work
<b>4. Fiscal policy</b>	<b>4a.</b> Taxes and subsidies to support good nutrition
<b>5. Planning, budgeting and management</b>	<b>5a.</b> Capacity development/strengthening to enable nutrition to be reflected in health, agriculture/food, labour, trade, gender, social protection, industry, and nutrition planning and implementation
<b>6. Social norms: Education/ sensitization, behaviour change communication (BCC) and social marketing</b>	<b>6a.</b> BCC (media and social marketing) to PROMOTE recommended IYCF practices
<b>7. Infrastructure and technology</b>	<b>7a.</b> Use of time-saving technologies in other nutrition-related actions/programming to help free time that may be dedicated to childcare, particularly where women/mothers are targeted
<b>8. Coordination</b>	<b>8a.</b> Capacity development/strengthening of governance mechanisms to enable nutrition considerations regarding the IYCF to be raised in political fora and the coordination of coherent, multi-sectoral nutrition action at the country level
<b>9. Other enabling environment actions</b>	<b>9a.</b> SUPPORT for availability of appropriate, diversified, nutrient-dense foods for complementary feeding, preferably locally available
	<b>9b.</b> Childcare services and support to protect recommended IYCF practices
	<b>9c.</b> Establishment of procedures for preventing and managing conflicts of interest to safeguard public health and nutrition in the engagement with stakeholders